

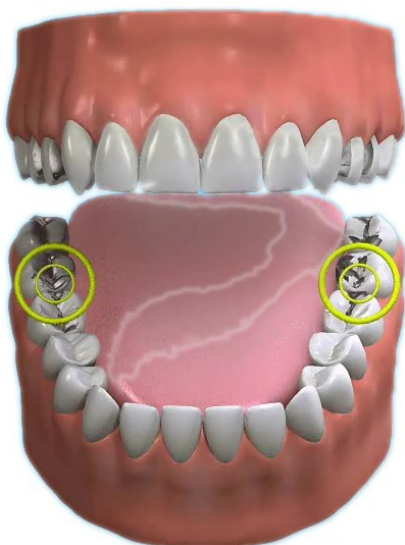
AMALGAM & WHITE FILLINGS

Q What are amalgam fillings?

A Amalgam or silver fillings are the metal coloured fillings that many people have. Amalgam was the traditional material used for fillings for many years.

Q Why should I consider white fillings?

A Most people have fillings of one sort or another in their mouths. Nowadays fillings are not only functional, but can be natural looking as well. Many people don't want silver fillings that show when they laugh or smile because they are more conscious about the way they look.



Q Are they as good as silver amalgam fillings?

A Advances in dental material technology are allowing white fillings to be comparable in life expectancy to silver amalgam fillings. The life expectancy of a white filling can depend greatly on where it is in your mouth and how heavily your teeth come together when you bite. Your dentist can

advise you on the life expectancy of your fillings.

Q Is it worth replacing my amalgam fillings with white ones?

A It is usually best to change fillings only when your dentist decides that an old filling needs replacing. If so you can ask to have it replaced in a tooth-coloured material.

Q What are tooth-coloured fillings made of?

A The composition and the quality of tooth coloured fillings can vary, but they are mainly made of glass particles, synthetic resin and a setting ingredient. My Smile Dental use the best quality material on the market and keep up with information and developments information about the particular material that they use.

Q Where can I get them done?

A At My Smile Dental, dentists have had extra training in the placement of white fillings and therefore prefer to place tooth coloured fillings instead of silver amalgam ones.